

CPD Conference

Mental Health Matters: Collaboration in practice

Thursday 8th February 2018
Kingston University London (10.00 am - 3.30 pm)

Programme

- 10.00 – 10.10** **Welcome and overview** – Suzanne Marchment, Director, Aimhigher London South (Roberts Lecture Theatre)
- 10.10 – 10.40** **Key Note speaker:**
Mental Health in Education: Looking at how we can collaborate to improve the mental health of our sector
Louise Clarkson, Head of Children and Young People Programmes, mind
- 10.40 – 11.10** **Key Note speaker:**
CAMHS and Schools link training pilot: Local model of joint working between schools and mental health services
Janet Bergin-Miah, Associate Assistant Headteacher, Swanlea School
- 11.10 – 11.50** **Panel Session:**
Mental Health - Meeting the needs of learners with mental health issues
Disability Working Group: Ark Putney Academy, Kingston University, St Cecilia's Church of England School, St Francis Xavier 6th Form College, St Mary's University
- 11.50 – 12.05** **Learner Journey** - School pupils & university undergraduates
- 12.10 – 12.50** **LUNCH** (Room PRJG1005)
- 12.50 – 13.30** **Workshop choice - Delegates need to choose from:**
- Workshop A: Introduction to Academic Resilience:**
Exploring how the Academic Resilience Approach can help build resilience in the whole school community
Bianka Kuhn, Training Team Leader, YoungMinds (Room PRJG2011)
- Workshop B: Bringing the outside in – A school working creatively with CAMHS**
Ark Putney Academy (Case study)
Karen Borthwick, SENCo, Ark Putney Academy (Room PRJG1004)
- Workshop D: Transition – Support - What, where and how?**
Hear about the range of support and activities available at university to support transition from school/college
Michael Cobden, Senior Wellbeing & Disability Adviser, St Mary's University (PRJG5008)

13.35 – 14.15

Workshop choice - Delegates need to choose from:

Workshop A: Introduction to Academic Resilience:

Exploring how the Academic Resilience Approach can help build resilience in the whole school community

Bianka Kuhn, Training Team Leader, YoungMinds
(Room PRJG2011)

Workshop E: Cultural shifts in attitudes to mental health in a school environment

Swanlea School (Case Study)

Janet Bergin-Miah, Associate Assistant Headteacher, Swanlea School
(Room PRJG1005)

Workshop D: Transition – Support - What, where and how?

Hear about the range of support and activities available at university to support transition from school/college

Michael Cobden, Senior Wellbeing and Disability Adviser, St Mary's University
(Room PRJG5008)

14.15 – 14.35

Coffee

14.35 – 15.15

Workshop C: What is our understanding of mental health?

An opportunity to explore how mental health is understood across sectors and its impact on transition

AHLS Disability Working Group
For all delegates
(Room PRJG0001)

15.15 – 15.30

Plenary and Close